

WEEK ONE
3rd-4th Sept
5th-9th Oct
23rd-27th Nov

ALLERGY INFORMATION

MONDAY

Asian coconut chicken

Allergy Information:
The coconut chicken contains gluten and dairy. An allergen-free version will be provided.

Baked fish fingers with peas

Allergy Information:
This dish contains gluten. A gluten-free version will be available.

TUESDAY

Braised beef, onion & bacon casserole

Allergy Information:
This dish is free of Allergens. The halal version will not contain bacon.

Braised meatballs with a tomato herb sauce

Allergy Information:
The meatballs contain gluten. A gluten-free version will be available.

WEDNESDAY

Jacket potato with a selection of fillings

Allergy Information:
Jacket potatoes are gluten and dairy-free.

There is always a filling available which is gluten and dairy-free.

Macaroni cheese & garlic bread

Allergy Information:
Macaroni cheese contains gluten and dairy. An allergen-free version will be available.

THURSDAY

Roast pork with apple sauce and gravy

Allergy Information:
This dish is allergen-free. Children requiring a halal option may choose from roast chicken, sliced beef, or the vegetarian alternative.

Grilled sausage casserole with dough balls

Allergy Information:
Sausages contain gluten. A gluten-free version will be available.

FRIDAY

Sweet & smoky chicken

Allergy Information:
This dish doesn't contain any allergens.

Beef tacos with rice & coleslaw

Allergy Information:
This dish doesn't contain any allergens.

MAIN
EVENT



TEA

WEEK TWO

7th-11th Sept

12th-16th Oct

30th Nov-4th Dec

ALLERGY INFORMATION

MONDAY

Cumberland
sausage toad in
the hole

Allergy Information:
Sausages contain
gluten. A gluten-free
version will be
available.

TUESDAY

Breaded katsu
chicken curry

Allergy Information:
The katsu
breadcrumbs
contain gluten. A glu-
ten-free version will
be
available.

WEDNESDAY

Jacket potato with
a selection of
fillings

Allergy Information:
Jacket potatoes are
gluten and dairy-free.

There is always a
filling available which
is gluten and dairy-
free.

THURSDAY

Roast turkey with
cranberry sauce
and gravy

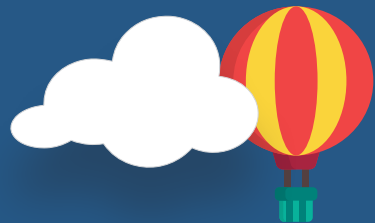
Allergy Information:
This dish doesn't
contain any allergens.

FRIDAY

Pasta bolognaise

Allergy Information:
The pasta contains
gluten. A gluten-free
version will be
available.

MAIN
EVENT



TEA

Jacket potato with
spaghetti hoops &
cheese

Allergy Information:
The spaghetti hoops
contains gluten and
dairy. An allergen-free
version will be
available.

Battered pollock
with garden peas

Allergy Information:
The pollock contains
gluten. A plain piece
of fish will be
available.

Braised chicken &
pesto with a
tomato herb sauce

Allergy Information:
The pesto contains
dairy. A version with
no pesto will be
available.

Piri-piri chicken
with creole rice

Allergy Information:
This dish doesn't
contain any allergens.

Pepperoni or
cheese & tomato
pizza

Allergy Information:
The pizza contains
gluten and dairy. An
allergen-free version
will be available.

WEEK THREE
14th-18th Sept
2nd-6th Nov
7th-11th Dec

ALLERGY INFORMATION

MONDAY

Creamy pork & mushroom cobbler

Allergy Information:
The pork sauce contains dairy. A dairy-free sauce will be available.

TUESDAY

Beef chilli with rice & nachos

Allergy Information:
This dish doesn't contain any allergens.

WEDNESDAY

Jacket potato with a selection of fillings

Allergy Information:
Jacket potatoes are gluten and dairy-free.

There is always a filling available which is gluten and dairy-free.

THURSDAY

Roast gammon and gravy

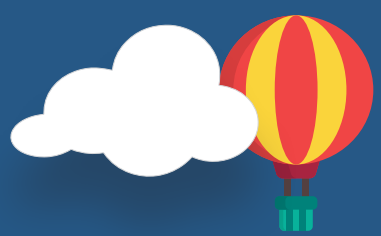
Allergy Information:
This dish doesn't contain any allergens.

FRIDAY

Chicken & leek cottage pie

Allergy Information:
The chicken and leek sauce contains dairy. A dairy-free version will be available.

MAIN
EVENT



TEA

Tandoori chicken & rice wrap

Allergy Information:
This dish contains gluten and dairy. An allergen-free version will be available.

Salmon & leek arancini balls

Allergy Information:
This dish contains gluten. A gluten-free arancini will be served.

Grilled bacon steak with cous cous salad

Allergy Information:
The cous cous contains gluten. Rice will be served as an alternative

Thai green chicken curry with rice & naan

Allergy Information:
This dish contains gluten and dairy. An allergen-free version will be available

Chinese beef with egg noodles & prawn crackers

Allergy Information:
The egg noodles contain gluten and egg. Gluten-free rice will be served.

WEEK FOUR

21st-25th Sept

9th-13th Nov

14th-16th Dec

ALLERGY INFORMATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BBQ chicken & bacon with melted cheese

Allergy Information:
This dish contains dairy. A dairy-free cheese alternative will be served. The halal version will not contain bacon.

Braised beef & root vegetables

Allergy Information:
This dish doesn't contain any allergens.

Jacket potato with a selection of fillings

Allergy Information:
Jacket potatoes are gluten and dairy-free.

There is always a filling available which is gluten and dairy-free.

Roast pork with apple sauce and gravy

Allergy Information:
This dish doesn't contain any allergens.

Minced beef & mushroom pie

Allergy Information:
This dish contains gluten. A gluten-free version will be available.

Beef lasagne with garlic bread

Allergy Information:
This dish contains gluten and dairy. An allergen-free version will be available.

Chicken & red lentil dhansak with rice & poppadum

Allergy Information:
This dish doesn't contain any allergens.

Beef quesadillas with wedges & salad

Allergy Information:
Gluten-free corn tacos will be served as an alternative.

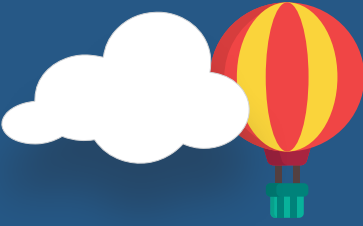
Braised chicken meatballs with rice

Allergy Information:
This dish doesn't contain any allergens.

Haddock smoked salmon & cream cheese fishcake

Allergy Information:
The fishcakes contains gluten. A gluten-free version will be available.

MAIN
EVENT



TEA

WEEK FIVE
28th-2nd Oct
16th-20th Nov

ALLERGY INFORMATION

MONDAY

Braised meatballs with tomatoes & herbs

Allergy Information:
The meatballs contain gluten. A gluten-free version will be available.

TUESDAY

Butter chicken curry

Allergy Information:
This dish doesn't contain any allergens.

WEDNESDAY

Jacket potato with a selection of fillings

Allergy Information:
Jacket potatoes are gluten and dairy-free.

There is always a filling available which is gluten and dairy-free.

THURSDAY

Roast chicken with sage & onion stuffing and gravy

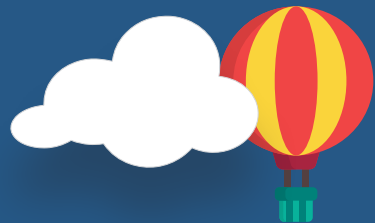
Allergy Information:
The stuffing contains gluten and egg.

FRIDAY

Creamy pork & mushroom cottage pie

Allergy Information:
There is dairy in the sauce. A dairy-free version will be available.

MAIN
EVENT



TEA

Jacket potato with spaghetti hoops and cheese

Allergy Information:
Spaghetti hoops contains gluten. The gluten-free version will be offered beans.

Southern fried chicken with potato wedges & coleslaw

Allergy Information:
This dish contains gluten. Gluten-free breadcrumbs will be used as an alternative.

Beef & sweet pepper chimichanga

Allergy Information:
The chimichangas contain gluten. Corn Tacos will be available as an alternative.

Salmon & spinach pad thai with prawn crackers

Allergy Information:
The noodles contain gluten. Rice stir-fry will be available as an alternative.

Turkey katsu curry with egg noodles

Allergy Information:
Katsu contains gluten. A gluten-free breaded turkey with rice will be available as an alternative.