Beachborough
Independent Prep School for ages 2 ½ to 13

THE PARENT GUIDE TO:

CREATE

COMMUNICATION **REFLECTION**
EMPATHY **ADAPTABILITY**
TENACITY **ENGAGEMENT**

CREATE Skills Programme

Overview:

The CREATE Programme at Beachborough empowers pupils from Reception to Form VIII to develop and demonstrate a core set of life skills that are essential for personal growth, academic success, and future readiness. These skills are embedded across all areas of school life and learning, and pupils are recognised and rewarded for their achievements through a structured credit system.

CREATE Skills Framework:

The CREATE acronym represents six key skills:

- **C**ommunication
- **R**eflection
- **E**mpathy
- **A**daptability
- **T**enacity
- **E**ngagement

Each skill is associated with a unique colour and woodland creature to support visual recognition and engagement:

SKILL	COLOUR	ANIMAL
Communication	**Orange**	Owl
Reflection	**Blue**	Badger
Empathy	**Purple**	Deer
Adaptability	**Green**	Squirrel
Tenacity	**Red**	Hedgehog
Engagement	**Yellow**	Fox

We CREATE empathetic individuals.

Skill Descriptors

Each skill is defined by a set of observable behaviours:

COMMUNICATION
A communicative learner will:

- Ask questions
- Listen actively
- Communicate kindly in person and online
- Give and receive feedback
- Stay calm and respectful under pressure
- Adapt their style of communication
- Express thoughts, feelings and actions
- Respond with care and others' feelings in mind
- Use body language and facial expressions appropriately
- Take turns in conversations and group discussions
- Use appropriate tone and vocabulary for different audiences

REFLECTION
A reflective learner will:

- Reflect on previous learning and build upon their knowledge
- Reflect upon successes and areas of development, so they can continue to improve
- Make connections between concepts, ideas and subject knowledge to enhance their learning
- Consider their actions in terms of behaviour and know what they would do differently, if required
- Celebrate their strengths
- Set personal goals based on reflection
- Use feedback to plan next steps
- Reflect on group work and how collaboration affected or enhanced outcomes

EMPATHY

An empathetic learner will:

- Understand others' viewpoints
- Recognise their own emotions
- Recognise emotions and feelings in others
- Have a toolbox to support their re-regulation of emotions
- Put themselves in someone else's shoes
- Understand that emotions have causes
- Show kindness through actions, not just words
- Support others when they are struggling
- Respect differences in culture, background, and opinion

ADAPATABILTY

An adaptable learner will:

- Make connections in their learning
- Be resilient
- Work with flexible groups
- Be flexible in their thinking
- Respond to feedback
- Demonstrate a growth mindset
- Embrace change with a positive attitude
- Try new strategies when something doesn't work
- Manage transitions calmly (e.g., between lessons or environments)

TENACITY

A tenacious learner will:

- Display resilience when faced with setbacks
- Have 'Bouncebackability'
- Will not give up and keep trying
- Will be a problem solver
- Ask questions
- Keep going even when learning is challenging
- Break down big problems into smaller steps
- Learn from mistakes and try again with a new approach

We **CREATE** adaptable and future-ready thinkers.

ENGAGEMENT
An engaged learner will:

- Go beyond the expected
- Give things a go!
- Be curious and ask questions
- Be committed to their learning, in the classroom and out
- Inspire others
- Ask for help and feedback
- Take initiative in learning activities
- Share enthusiasm and ideas with others
- Stay focused and avoid distractions

Reward Structure:

Pupils earn credits for demonstrating each skill. Rewards are tiered to encourage continued development:

CREDITS EARNED	REWARD TYPE
25	Certificate
50	Coloured Pencil
100	Keyring or Pin Badge

We are very excited about launching this programme and the impact developing these skills will have on our learners as they continue to navigate the world and become future-ready.

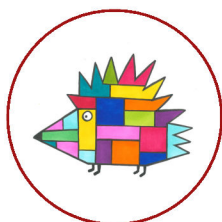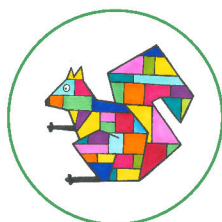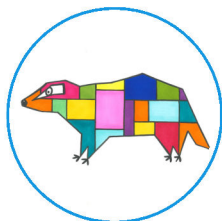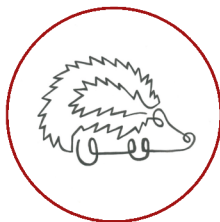We **CREATE** confident communicators.

Meet the Animals...

Introducing our **Reception and Pre-Prep** characters:

Introducing our **Form III & IV** characters:

Introducing our **Form V-VIII** characters:

We CREATE Beachburians.