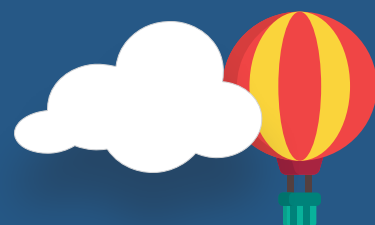


WEEK ONE  
21st - 25th April  
19th - 23rd May  
23rd - 27th June

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Every Day: The Toasting Station / Fruit Juice / Cereals

Scrambled Egg & Toasted Bagel

Belgian Waffle with Maple Syrup

Grilled Bacon & Hash Browns

Croissant or Pain Aux Chocolate / Fruit Platter

GHAB

From a selection of fresh fruit, sweet treats, sandwiches & vegetable sticks

MAIN EVENT

Braised Chicken with Tomatoes and Pesto

Beef Taco with a Spicy Tomato Relish

Jacket Potato with a Selection of Fillings

Roast Chicken with Sage & Onion Stuffing and Roast Gravy

Breaded Haddock with Lemon and Tartare Sauce

MEAT FREE ZONE

Caramelised Red Onion, Sweet Pepper & Mozzarella Frittata

Quorn & Sweet Potato Chimichanga

Stuffed Mushroom with a Red Lentil Dahl

Cauliflower & Sweet Potato Bhaji with Cucumber and Mint Yoghurt

Roasted Vegetable Cannelloni with a Tomato and Herb Sauce

- Mashed Potato
- Steamed Green Beans
- Sweetcorn

- Steamed Rice
- Steamed Broccoli
- Roasted Medley of Vegetables

- Baked Beans
- Herb Roasted Courgettes

- Roast Potatoes
- Steamed Carrots
- Sauteed Cabbage

- Chips
- Steamed Garden Peas
- Baked Beans

5 A DAY

Classic Salad Bar Available Daily

SALADS TO TRY

Tuna & Sweetcorn

Sliced Ham

Chicken & Bacon Salad

Salami & Chorizo

Pork, Stuffing & Cranberry

A selection of fresh fruit available from the fruit trolley & homemade yoghurt

SWEET TREAT

Carrot Cake with Pouring Cream

Mars Bar Mousse

Cornflake Cake

Fruit Cocktail with Whipped Cream

Choc Ices

GHAB

From a selection of fresh fruit, sweet treats, sandwiches & vegetable sticks

TEA  
(SERVED WITH SQUASH OR WATER)

- Salmon and Leek Pasta Bake with Garlic Bread
- Pasta with a Tomato & Herb Sauce

A Selection of Cakes

- Glazed Chicken, Chorizo and Tomato Sauce with Coleslaw
- Pasta with a Tomato & Herb Sauce

A Selection of Cakes

- Chicken Burger with Peas and Wedges
- Pasta with a Tomato & Herb Sauce

A Selection of Cakes

- Spaghetti Bolognaise with Mixed Leaf Salad
- Pasta with a Tomato & Herb Sauce

A Selection of Cakes

- Jacket Potato with Beans & Cheese
- Pasta with a Tomato & Herb Sauce

A Selection of Cakes

## WEEK TWO

28th April - 2nd May

2nd - 6th June

30th June - 4th July

## MONDAY



## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

Every Day: The Toasting Station / Fruit Juice / Cereals

Croissants or Pain Aux  
Chocolate

American Style Pancakes  
with Maple Syrup

Boiled Egg with an  
English Muffin

Grilled Cumberland  
Sausage & Tomato

## GHAB

From a selection of fresh fruit, sweet treats, sandwiches & vegetable sticks

## MAIN EVENT

Seared Pork Sausages  
with Onion Gravy

Chicken Korma

Jacket Potato with a  
Selection of Fillings

Roast Gammon with  
Roast Gravy

Battered Cod with Lemon  
and Tartare Sauce

## MEAT FREE ZONE

Cherry Tomato, Cream  
Cheese and Spinach Tart

Quorn and Sweet Pepper  
Lasagne

Aubergine and Courgette  
Katsu Curry

Cheese Scone with Leeks,  
Brie, and Cauliflower  
Cheese

Vegan Meatballs with a  
Tomato and Herb Sauce

- "Champ" Potato
- Steamed Green Beans
- Steamed Sweetcorn

- Potato Wedges
- Steamed Broccoli
- Courgette Provençale

- Baked Beans
- Roast Medley of  
Vegetables

- Roast Potatoes
- Steamed Carrots
- Cauliflower Cheese

- Chips
- Steamed Garden Peas
- Baked Beans

Classic Salad Bar Available Daily

## SALADS TO TRY

Tandoori Chicken

Ascot Pie

Tuna Mayonnaise

Hard Boiled Egg

Sliced Ham

A selection of fresh fruit available from the fruit trolley & homemade yoghurt

## SWEET TREAT

Sticky Toffee Pudding,  
Caramel Sauce and Cream

Apple Crumble with  
Pouring Cream

Chocolate Rice Krispie  
Cake

Chocolate Chipboard  
with Custard

Strawberry Jelly with a  
Fruit Compote

## GHAB

From a selection of fresh fruit, sweet treats, sandwiches & vegetable sticks

TEA  
(SERVED WITH SQUASH OR  
WATER)

- Beef Chilli with Rice  
and Nachos
- Pasta with a Tomato &  
Herb Sauce

A Selection of Cakes

- Meatballs with Rice  
Dough Balls
- Pasta with a Tomato &  
Herb Sauce

A Selection of Cakes

- Sausage Roll with  
Potato Wedges
- Pasta with a Tomato &  
Herb Sauce

A Selection of Cakes

- Coconut Chicken &  
Peppers with Rice and  
Naan Bread
- Pasta with a Tomato &  
Herb Sauce

A Selection of Cakes

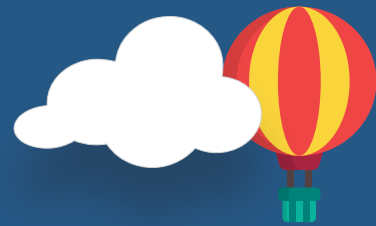
- Pepperoni or Cheese  
& Tomato Pizza with  
Garlic Bread
- Pasta with a Tomato &  
Herb Sauce

A Selection of Cakes

WEEK THREE

5th - 9th May  
9th - 13th June  
7th - 11th July

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Every Day: The Toasting Station / Fruit Juice / Cereals

Grilled Bacon and Plum  
Tomatoes

Croissant or Pain Aux  
Chocolate

French Toast

Poached Egg with a Bagel

GHAB

From a selection of fresh fruit, sweet treats, sandwiches & vegetable sticks

MAIN EVENT

Beef Lasagne

Braised Chicken  
Meatballs with a Tomato  
& Herb Sauce

Jacket Potato with a  
Selection of Fillings

Roast Pork with Apple  
Sauce and Roast Gravy

Breaded Scampi with  
Lemon and Tartare Sauce

Roasted Vegetable Toad  
in the Hole with Onion  
Gravy

Toasted Sourdough with  
Poached Egg and  
Avocado

Tofu Popcorn with a  
Sweet and Sour Sauce

Butternut Squash and  
Red Lentil Dhansak

Roasted Vegetable  
Arancini with a Tomato &  
Herb Sauce

- Steamed Pasta
- Cheesy Leeks
- Sweetcorn

- Potato Wedges
- Roasted Medley of  
Vegetables
- Steamed Green Beans

- Baked Beans
- Steamed Broccoli

- Roast Potatoes
- Steamed Carrots
- Sauteed Spring  
Cabbage

- Chips
- Steamed Garden Peas
- Baked Beans

Classic Salad Bar Available Daily

Salami and Chorizo

Scotch Egg

Coronation Chicken

Flaked Tuna

Sliced Ham

A selection of fresh fruit available from the fruit trolley & homemade yoghurt

Marbled Chocolate  
Sponge with a  
Chocolate Sauce

Birds Seed with Custard

Rocky Road Slice

Chocolate Brownie with  
Pouring Cream

Vanilla Ice-Cream Tub

GHAB

From a selection of fresh fruit, sweet treats, sandwiches & vegetable sticks

- Jacket Potato with  
Spaghetti Hoops and  
Cheese
- Pasta with a Tomato &  
Herb Sauce

A Selection of Cakes

- Beef Burrito, Mexican  
Rice and Tomato Salsa
- Pasta with a Tomato &  
Herb Sauce

A Selection of Cakes

- Chicken Nuggets,  
Potato Wedges and  
Peas
- Pasta with a Tomato &  
Herb Sauce

A Selection of Cakes

- Macaroni Cheese,  
Leeks, Peas and Garlic  
Bread
- Pasta with a Tomato &  
Herb Sauce

A Selection of Cakes

- Thai Green Curry with  
Jasmine Rice and  
Poppadom
- Pasta with a Tomato &  
Herb Sauce

A Selection of Cakes

TEA  
(SERVED WITH SQUASH OR  
WATER)

WEEK FOUR  
12th - 16th May  
16th - 20th June

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Every Day: The Toasting Station / Fruit Juice / Cereals

Boiled Egg with Toast

Grilled Sausage and Hash Browns

Croissant or Pain Aux Chocolate

Churros with Chocolate Sauce

From a selection of fresh fruit, sweet treats, sandwiches & vegetable sticks

Chicken Katsu Curry

Creamy Pork and Mushroom

Jacket Potato with a Selection of Fillings

Roast Turkey with a Roast Gravy

Seafood Cottage Pie

Potato, Spinach and Goats Cheese Bubble and Squeak with a Fried Egg

Vegetable and Ricotta Tortellini with Artichokes and Sweet Potato

Stuffed Beef Tomato with a Tabbouleh Salad

Breaded Tofu Slice with Stir Fry Vegetables

Thai Green Vegetable and Paneer Curry

- Steamed Rice
- Green Beans
- Cauliflower

- Steamed Pasta
- Roasted Medley of Vegetables
- Steamed Broccoli

- Baked Beans
- Sweetcorn

- Roast Potatoes
- Steamed Carrots
- Cheesy Leeks

- Chips
- Baked Beans
- Steamed Garden Peas

Classic Salad Bar Available Daily

Flaked Tuna

Chicken Caesar Salad

Salami and Chorizo

Halloumi, Avocado and Five Bean Salad

Gala Pie

A selection of fresh fruit available from the fruit trolley & homemade yoghurt

Baked Rice Pudding with Jam

Chocolate & Black Cherry Eves Pudding with Cream

White Chocolate and Cranberry Tiffin

Strawberry and Marshmallow Mousse

Jubilee Toffee and Mint Pudding

From a selection of fresh fruit, sweet treats, sandwiches & vegetable sticks

- Bacon and Mushroom Carbonara with Garlic Bread
- Pasta with a Tomato & Herb Sauce

A Selection of Cakes

- BBQ Chicken, Bacon and Cheese with a Side Salad
- Pasta with a Tomato & Herb Sauce

A Selection of Cakes

- Beef Burger with Potato Wedges
- Pasta with a Tomato & Herb Sauce

A Selection of Cakes

- Chicken Korma, Rice and Poppadom
- Pasta with a Tomato & Herb Sauce

A Selection of Cakes

- Chinese Pork with Egg Noodles and Prawn Crackers
- Pasta with a Tomato & Herb Sauce

A Selection of Cakes

GHAB

MAIN EVENT

MEAT FREE ZONE

5 A DAY

SALADS TO TRY

SWEET TREAT

GHAB

TEA  
(SERVED WITH SQUASH OR WATER)