## Summer Term Menu

WEEK ONE
16th - 19th April 13th - 17th May 17th - 21st June

MONDAY
TUESDAY
Wednesday
Thursoay



Every Day: The Toasting Station / Fruit Juice / Cereals

Belgian Waffle with Maple Syrup

## Grilled Bacon and Hash <br> Browns

Scrambled Egg and Toasted Bagel

From a selection of fresh fruit, sweet treats, sandwiches \& vegetable sticks

Braised Meatballs with

Quorn \& Sweet Potato Chimichanga

Steamed Pasta Roasted Medley of Vegetables

Jacket Potato with a Selection of Fillings

Stuffed Mushroom with a Red Lentil Dahl

Baked Beans Herb Roasted Courgettes

Roast Chicken with Sage \& Onion Stuffing and Roast Gravy

Roasted Vegetable
Cannelloni with a Tomato \& Herb Sauce

Roast Potatoes
Steamed Carrots
Sauteed Cabbage

Breaded Haddock with Lemon \& Tartare Sauce

Homemade Vegetable Samosas with a Cucumber \& Mint Yoghurt

Chips
Steamed Garden Peas Baked Beans

Classic Salad Bar Available Daily
SALADS TO TRY

## Sliced Ham

Tuna Mayonnaise
Chicken \& Bacon Salad
Salami \& Chorizo
Sliced Beef

A selection of fresh fruit available from the fruit trolley \& homemade yoghurt

## SWEET TREAT

Salmon \& Leek Pasta Bake
Pasta with a Tomato \& Herb Sauce

From a selection of fresh fruit, sweet treats, sandwiches \& vegetable sticks

Spaghetti Bolognaise
Jacket Potato with Beans \& Cheese
Chorizo \& Tomato
Sauce
Pasta with a Tomato \& Herb Sauce

A Selection of Cakes
with a Mixed Leaf
Salad
Pasta with a Tomato \&
Herb Sauce
Peas and Wedges
Pasta with a Tomato \&
Herb Sauce

A Selection of Cakes

Pasta with a Tomato \& Herb Sauce
Croissant / Pain Aux Chocolate

From a selection of fresh fruit, sweet treats, sandwiches \& vegetable sticks

## main event

## MEat reee ZoNe

5 A DAY

Seared Pork Sausages with an Onion Gravy

Cherry Tomato, Cream Cheese and Spinach Tart
"Champ" Potato Steamed Green Beans Steamed Sweetcorn

| Beef Lasagne |
| :--- |
| Aubergine Katsu Curry |
|  |
| . Potato Wedges |
| - Steamed Broccoli |
| - Courgette Provençale |

Roast Gammon with Roast Gravy

Cheese Scone with Leeks, Brie and Cauliflower Cheese

Roast Potatoes
Steamed Carrots
Cauliflower Cheese

Steamed Fillet of Cod with a Lemon Butter Sauce

Vegan Meatballs with a Tomato and Herb Sauce

Chips
Baked Beans
Steamed Garden Peas

Classic Salad Bar Available Daily

## Salads To Try

| Tandoori Chicken | Gala Pie | Tuna Mayonnaise | Sliced Beef | Sliced Ham |
| :---: | :---: | :---: | :---: | :---: |

A selection of fresh fruit available from the fruit trolley \& homemade yoghurt

## SWEET TREAT



Strawberry Jelly with a
 Fruit Compote

From a selection of fresh fruit, sweet treats, sandwiches \& vegetable sticks

Coconut Chicken with
Peppers and Rice
Pepperoni or Cheese
Pasta with a Tomato \&
Herb Sauce
Garlic Bread
mato Herb Sauce

## Summer Term Menu

WEEK THREE
29th April - 3rd May 3rd - 7th June
1st - 5th July

| Ghab |
| :---: |
| main event |

Meat ree Zone

5 A DAY
MONDAY
TUESDAY
Wednesoay


III

Every Day: The Toasting Station / Fruit Juice / Cereals


From a selection of fresh fruit, sweet treats, sandwiches \& vegetable sticks

| Braised Chicken with <br> Tomatoes and Pesto | Beef Massaman Curry <br> Roasted Vegetable Toad <br> in the Hole with Onion <br> Gravy <br> Toasted Sourdough with <br> Poached Egg and <br> Avocado <br> - Steamed Pasta <br> - Cheesy Leeks <br> - Sweetcorn |
| :--- | :--- |
| . Thai Scented Rice <br> - Roasted Medley of <br> Vegetables |  |

Jacket Potato with a
Selection of Fillings
Tofu Popcorn with a
Sweet \& Sour Sauce

. Baked Beans
. Steamed Broccoli
Roast Loin of Pork with Apple Sauce and Roast Gravy

Moroccan Spiced Falafels with a Tomato \& Herb sauce

Breaded Scampi with Lemon and Tartare Sauce

Roasted Vegetable
Arancini Balls with
Tomato \& Herb Sauce

> Roast Potatoes Steamed Carrots Sauteed Cabbage

Chips
Steamed Garden Peas Baked Beans

Classic Salad Bar Available Daily

## SALADS TO TRY

## Salami \& Chorizo

Hard Boiled Egg
Coronation Chicken
Flaked Tuna
Sliced Ham

A selection of fresh fruit available from the fruit trolley \& homemade yoghurt

## SWEET TREAT



Birds Seed with Custard
Vanilla Ice Cream Tub

[^0]Chicken Nuggets with Potato Wedges \& Peas
Pasta with a Tomato \&
Herb Sauce
Macaroni Cheese with
Thai Green Chicken
Leeks \& Peas
curry with Jasmine
Pasta wan a Tomato \&

Rice
Pasta with a Tomato \& Herb Sauce

Selection of Cakes

## Summer Term Menu

WEEK FOUR
6th - 10th May
10th - 14th June
MONDAY
Tuesony
Wenosesay
Thuesody


Every Day: The Toasting Station / Fruit Juice / Cereals

Croissant / Pain Aux Chocolate

Churros with Chocolate Sauce

## main event

Meat ree ZoNe

5 A DAY

From a selection of fresh fruit, sweet treats, sandwiches \& vegetable sticks

|  <br> Mushroom |  |
| :--- | :--- |
| Vegetable and Ricotta <br> Tortellini with a Spinach <br> and Cream Sauce | Jacket Potato with a <br> Selection of Fillings |
| Stuffed Beef Tomato with <br> Tabbouleh Salad |  |
| Steamed Pasta <br> Roasted Medley of <br> Vegetables <br> Steamed Broccoli | - Baked Beans |

Seafood Cottage Pie

Brie \& Red Onion Marmalade Parcel

Chips
Baked Beans
Steamed Garden Peas

Classic Salad Bar Available Daily

## Salads To Try

## Flaked Tuna

Chicken Caesar Salad
Salami \& Chorizo
Ascot Pie
Sliced Ham

A selection of fresh fruit available from the fruit trolley \& homemade yoghurt

## SWEET TREAT

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Baked Rice Pudding with
    a Jam Sauce
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Strawberry \&
Marshmallow Mousse

Jubilee Toffee and Mint Pudding

BBQ Chicken and Bacon with Melted
Cheese
Pasta with a Tomato \& Herb Sauce

A Selection of Cakes

From a selection of fresh fruit, sweet treats, sandwiches \& vegetable sticks

Chicken Korma with
Steamed Rice \&
Poppadom
Pasta with a Tomato \&
Herb Sauce
Pasta with a Tomato \&
Herb Sauce

A Selection of Cakes

Chinese Pork with Egg Noodles and Prawn
Crackers
Pasta with a Tomato \& Herb Sauce

A Selection of Cakes


[^0]:    Beef Burrito with
    Mexican Rice
    Pasta with a Tomato \& Herb Sauce

