



Job Description

Job Title: Wellbeing & Nurture Practitioner
Responsible to: Deputy Headmaster
Hours of work: Full-Time, Monday to Friday, 37.5 hours per week

Purpose

To provide a high-quality support service to pupils, parents and staff experiencing a wide range of social, emotional, and behavioural needs.

To provide support, guidance and advice to pupils, parents, carers, and the school.

To observe confidentiality and to support the school's endeavour to provide excellent teaching and learning for all pupils.

Contribute to the safeguarding and promotion of the welfare and personal care of children and young people.

Working with the Deputy Headmaster (Head of Pastoral Care and Designated Safeguarding Lead), Heads of Boardman and Manor House, Head of SEND, the Inclusion Team and wider staff team, the **Wellbeing and Nurture Practitioner** will support the educational, social, emotional and development needs of identified children. This role will also involve working with parents and stakeholders to improve their confidence and ability when providing children, the support and direction they require to build resilience.

Specific Responsibilities

- To work in conjunction with the Deputy Head, pupils, staff, and parents to continue to develop the school's Wellbeing Strategy.
- To be responsible for the management, scheduling and running of our pupil, parent, and staff wellbeing sessions as and when required.
- To liaise with relevant staff and pupils over the appropriate resourcing and maintenance of the Wellbeing Room.
- To promote healthy lifestyles and positive mental health, by encouraging pupils, parents, and staff to access relevant health and wellbeing opportunities.
- To run parent workshops covering topics such as anxiety, anger, sleep, friendships, exam stress, low self-esteem etc.
- To respond to referrals from staff and the Deputy Head, providing interventions for pupils to improve their emotional health and wellbeing.
- To plan and deliver group work sessions to pupils over an agreed period of time on relevant topics related to wellbeing and positive mental health. E.g., Mindfulness, resilience, self-esteem, and anxiety management.
- To facilitate drop-in surgeries for staff to discuss pupils.
- To facilitate drop-in surgeries for pupils to pop in and share any worries or discuss any matter relating to their social, emotional, and behavioural development.
- To facilitate
- To contribute to and share learning and innovative practice. This may include sharing material via the school website or producing a podcast.

- To keep up to date with latest research, policy, and practice in relation to children and young people's emotional health and wellbeing.
- To establish and build up links with local schools, businesses, and organisations with regard to children and young people's emotional health and wellbeing.
- To train our FVII and FVIII pupils to be peer mentors for our younger pupils.
- In liaison with the Deputy Head and where deemed appropriate – to provide 1:1 support for pupils.
- Maintain professional records and standards at all times.

Pastoral Responsibilities

- To liaise, where appropriate and with the pupil's consent, with relevant members of staff in order to achieve the best outcome for the child.
- To have a thorough knowledge of the Mental Health provision locally and nationally.
- To write a report on the impact of any group work sessions and other opportunities provided for pupils.
- To contribute in any other reasonable fashion to promote the safety and wellbeing of the pupils.

Health and Safety

- Be aware of any health and safety issues that may arise within the Wellbeing Room and report these to the Head of Estate in a timely manner.

Continuing Professional Development

- Take responsibility for personal professional development, keeping up to date with research and developments which may lead to improvements in the service provided.
- To support in arranging and delivering relevant training for staff as and when needs are identified.

This job description is not an exhaustive list of responsibilities and is subject to review on an annual basis. There may be as updates and additions over time, as the role evolves to meet the needs of the pupils, their families, and the staff at our school.

SAFEGUARDING

At Beachborough, safeguarding and promoting the welfare of children is **everyone's** responsibility. **Everyone** who comes into contact with children and their families and carers has a role to play in safeguarding children. In order to fulfil this responsibility effectively, all practitioners should make sure their approach is child-centred, this means that they should consider, at all times, what is in the **best interests** of the child.

The post holders **must** adhere to and ensure compliance with the school's Safeguarding and Child Protection Policy at all times. If, in the course of carrying out the duties of the post, the post-holder becomes aware of any actual or potential risks to the safety or welfare of children in the school, he/she must report any concerns to the DSL.

General notes:

Beachborough is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. Applicants must be willing to undergo all necessary pre-employment checks. Full details are given on the application form and the successful applicant will be subject to an enhanced DBS check.

Reviewed: January 2023