



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Classic Roast

Fantastic Fish

• Every day – the toasting station, fruit juice, cereals and yoghurts •

Breakfast Special

Grilled Sausage with Plum Tomatoes

Poached Egg on Toast

Belgian Waffles

Croissants or Pain Aux Chocolate



Ghab

• From a selection of fresh fruit, sweet treats, sandwiches & vegetable sticks •

Main Event

Cumberland Sausage with Onion Gravy

Beef Lasagne

Jacket Potato with a Selection of Fillings

Roast Chicken with Sage & Onion Stuffing & Gravy

Battered Cod with Lemon & Tartare Sauce

Quorn Lasagne

Sweet Potato & Courgette Korma with Steamed Rice

Bubble & Squeak with Fried Egg

Vegetable Bolognese with Linguini

Baked Cod "Parcel" with Steamed Vegetables

Meat Free Zone

Parsley Potatoes
Steamed Sweetcorn
Steamed Green Beans

Potato Wedges
Steamed Broccoli
Bashed Swede

Steamed Cauliflower
Baked Beans

Roast Potatoes
Cheesy Leeks
Steamed Carrots

Chips
Steamed Garden Peas
Baked Beans

To Go With ...



And

• Classic salad bar available daily •

Salads to Try

Sliced Chicken

Sliced Salami & Chorizo

Sausage Plait & Chutney

Tuna Mayonnaise

Sliced Gammon



Pudding

Baked Pear & Black Cherry Crumble with Custard

Baked Chocolate Brownie with Pouring Cream

Vanilla Tart with a Custard Sauce

Marbled Chocolate Sponge with a Chocolate Sauce

Fruit Platter

• A selection of fresh fruit available from the Fruit Trolley •

Ghab

• From a selection of fresh fruit, sweet treats, sandwiches & vegetable sticks •

Tea

Salmon Fishcake with Roasted New Potatoes
Side Salad
Pasta Bar & Sauces
Mandarin Cheesecake

Beef Tomato & Chorizo Flatbread with Tossed Salad & Diced Potatoes
Pasta Bar & Sauces
Fresh Fruit Salad

Breaded Chicken Burger
Potato Wedges
Steamed Green Beans
Pasta Bar & Sauces
Chocolate Doughnut

Grilled Gammon steak with Sweetcorn & Tossed Salad
Pasta Bar & Sauces
Cheese & Biscuits

BBQ Sausage & Cheese Tart with Spaghetti Hoops
Pasta Bar & Sauces
Selection of cakes

• Sliced white or brown bread with various spreads and milk, water or tea •

